



2007 CARDIOVASCULAR Health Summit

Friday, April 13
Grouse Mountain Lodge
Whitefish, MT

Who should attend?

- Physicians
- Dietitians
- Exercise Physiologists
- Nurses
- Pharmacists
- Pharmacy Technicians
- Health Educators
- Respiratory Care Therapists
- Physical Therapists
- Interested Others

Why should they attend?

To become aware of new, evidence-based methods of preventing and managing cardiovascular disease and associated risk factors.

The Cardiovascular Health Summit is sponsored by:

- Montana Department of Public Health & Human Services, Montana Cardiovascular Health Program
- Montana Diabetes Project
- Montana Nutrition and Physical Activity Program
- Montana Tobacco Use Prevention Program

Course description:

The Cardiovascular Health (CVH) Summit is a continuing education course for health professionals, which will highlight promising methods of preventing and managing cardiovascular disease and associated risk factors. Sessions will focus on primary and secondary prevention of heart disease using clinical and public health approaches.

Overall course objectives:

At the conclusion of this educational activity, participants should be able to:

- Identify methods to promote cardiovascular health and treat cardiovascular disease.
- State the importance of prevention to reduce the burden of cardiovascular disease in Montana.

Continuing Education Credits

The Montana Department of Public Health and Human Services is affiliated with the University of Washington School of Medicine.

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this educational activity for a maximum of 6.0 *AMA PRA Category 1 Credits*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Additional CE Approvals will be sought from the following entities

- American Dietetic Association
- Montana Board of Pharmacy
- Montana Board of Respiratory Care
- Montana Chapter – American Physical Therapy Association
- Montana Nurses Association

Agenda

7:00–8:00 Registration & Continental Breakfast

8:00–8:05 Opening

8:05–9:05 Keynote – Preparing People for Lifestyle Change

- *Chris Dunn, PhD* – Associate Professor, University of Washington School of Medicine, Seattle, WA

9:05–9:15 Stretch Break

Sessions from 9:15 am through 2:45 pm are concurrent breakouts.

Track 1 Breakouts – Clinical Care of Patients with CVD or Risk Factors

Track 2 Breakouts – Promising Practices in Cardiovascular Health

9:15–10:15 Breakouts

Track 1: From “Armchair Treatment” to Synthetic HDL-Induced Plaque Regression: The evolution of secondary prevention of heart disease

- *Barry Franklin, PhD* – Director, Cardiac Rehabilitation and Exercise Laboratories, William Beaumont Hospital, Royal Oak, MI

Track 2: The Power of Walking: From pedometers to walkable communities

- *R. Mark Fenton, MS* – Public Health and Transportation Consultant, Scituate, MA

10:15–10:45 Nutrition Break/Exhibitor Session

10:45–11:45 Breakouts

Track 1: Acute Treatment of Ischemic and Hemorrhagic Stroke: From rtPA to Factor VII

- *Tony Williamson, MD* – Montana Neurobehavioral Specialists, Missoula, MT

	<p>Track 2: Hot Topics in Cardiovascular Nutrition</p> <ul style="list-style-type: none"> • <i>Cathy Breedon</i>, PhD, RD, CSP, FADA – Clinical Nutrition Specialist and Clinical Associate Professor, MeritCare Medical Center and University of North Dakota School of Medicine, Fargo, ND
11:45–12:45	<p>Breakouts</p> <p>Track 1: Billings Clinic Heart Failure Program</p> <ul style="list-style-type: none"> • <i>Jo Rowland</i>, BSN, MA – Heart Failure Program Lead, Billings Clinic, Billings, MT <p>Track 2: Cardiovascular Disease and Diabetes: What are the issues in 2007?</p> <ul style="list-style-type: none"> • <i>Neil Kaminsky</i>, MD, FACE – Presbyterian Medical Group, Albuquerque, NM
12:45–1:45	Lunch/Continue Exhibitor Session Optional 30-minute walk with Mark Fenton 1:15-1:45
1:45–2:45	<p>Breakouts</p> <p>Track 1: Advances in Interventional Cardiology</p> <ul style="list-style-type: none"> • <i>Brian O’Murchu</i>, MD, FACC – Assistant Professor of Medicine, Temple University, Philadelphia, PA <p>Track 2: Exercise and Heart Failure</p> <ul style="list-style-type: none"> • <i>Reed Humphrey</i>, PT, PhD – Professor and Chair, School of Physical Therapy and Rehabilitation Science, University of Montana, Missoula, MT
2:45–3:00	Stretch break
3:00-4:00	<p>Plenary–Knowledge, Skills and Tools to Fight the Epidemic of Insulin Resistance/Metabolic Syndrome</p> <ul style="list-style-type: none"> • <i>David Hartman</i>, MD, Diplomate of American Board of Clinical Lipidology – Selah Medical Center/Heart Prevention Clinic of Idaho, Boise, ID

Registration

NAME _____

ORGANIZATION _____

ADDRESS (STREET OR BOX NUMBER) _____

CITY _____

STATE _____

ZIP _____

Please check your profession:

- | | |
|---|--|
| <input type="checkbox"/> Dietitian | <input type="checkbox"/> Exercise Physiologist |
| <input type="checkbox"/> Health Educator | <input type="checkbox"/> Nurse |
| <input type="checkbox"/> Pharmacist | <input type="checkbox"/> Pharmacy Technician |
| <input type="checkbox"/> Physician | <input type="checkbox"/> Physical Therapist |
| <input type="checkbox"/> Respiratory Care Therapist | <input type="checkbox"/> Student |
| <input type="checkbox"/> Other | |

Registration Fee: Includes all handouts for the day, continental breakfast, morning break, lunch, and instructions to apply for continuing education credits.

- ☐ \$65 through March 2 (Student fee \$35)
- ☐ \$80 March 3–March 30 (Student fee \$40)
- ☐ \$100 March 31–April 13 (Student fee \$50)

Registration tips

- Early registration is recommended.
- Payment must be included with the registration form.
- Make check payable to Department of Public Health & Human Services (DPHHS). Tax ID Number is 81-0302402.
- Mail registration and payment to Gail Brockbank, Summit Conference Coordinator, PO Box 217, Helena, MT 59624-0217.
- A processing fee of \$20 will be assessed if registration is cancelled prior to March 31.
- Refunds not available after March 31.
- Please complete one form for each participant. You may copy forms, or contact Gail Brockbank at 406-442-4141 for additional forms.
- A confirmation letter, including directions to Grouse Mountain Lodge, will be mailed to each registrant.

Lodging

A room block rate of \$60 plus tax is available for all meeting participants. Call 877-862-1505 to make your reservations.

Questions about the Summit?

Call the conference coordinator at Premier Planning, 406-442-4141.



Room 314 B
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Helena, MT 59620-2951

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Inside you will find:

- Course objectives
- Continuing education information
- Complete agenda – topics and speakers
- Registration information

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